

HELSINKI CHRONIC PAIN INDEX

Name of Dog _____ Owner _____ Date _____ Diagnosis _____

Tick only one answer – the one that best describes your dog during the preceding week

1. Rate your dog's attitude/mood:

Very alert	Alert	Neither alert nor disinterested	Disinterested	Very disinterested or lethargic	
0	1	2	3	4	

2. Rate your dog's willingness to participate in play or interact:

Very willing	Willing	Reluctant	Very reluctant	Does not participate or interact at all	
0	1	2	3	4	

3. Rate your dog's frequency in vocalization or discomfort behaviour (audible complaining, such as whining grunting, yelping, crying out or unusual licking):

Never	Hardly ever	Sometimes	Often	Very often	
0	1	2	3	4	

4. Rate your dog's willingness to walk:

Very willing/eager	Willingly/able	Reluctant	Very reluctant	Does not want to walk at all	
0	1	2	3	4	

5. Rate your dog's willingness to trot:

Very willing/able	Willingly/able	Reluctant	Very reluctant	Does not trot at all	
0	1	2	3	4	

6. Rate your dog's willingness to run (gallop):

Very willingly/able	Willing/able	Reluctant	Very reluctant	Does not run (gallop) at all	
0	1	2	3	4	

7. Rate your dog's ability and/or willingness to walk up and/or down stairs:

Very willingly/able	Willing/able	Reluctant	Very reluctant	Does not do stairs at all	
0	1	2	3	4	

8. Rate your dog's willingness to jump (eg. into car, onto sofa...)

Very willing/able	Willing/able	Reluctant	Very reluctantly	Does not jump at all	
0	1	2	3	4	

9. Rate your dog's ease in lying down:

With great ease	Easily	Neither easily nor difficultly	With difficulty	With great difficulty	
0	1	2	3	4	

10. Rate your dog's ease in rising from a lying position:

With great ease	Easily	Neither easily nor with difficulty	With difficulty	With great difficulty	
0	1	2	3	4	

11. Rate your dog's ease of movement after a long rest:

Very easy	Easy	Sometimes difficult	Often difficult	Very often/ Always difficult	
0	1	2	3	4	

12. Rate your dog's ease of movement after major activity or heavy exercise:

Very easy	Easy	Sometimes difficult	Often difficult	Very often/ Always difficult	
0	1	2	3	4	

Total up the answers to all questions. Total chronic pain index score: ____ /48